



PRINCESS ELIZABETH PRIMARY SCHOOL

30, BUKIT BATOK WEST AVENUE 3, SINGAPORE 659163
Tel: 6565 5111 Fax: 6563 7859 Website: www.princesselizabethpri.moe.edu.sg

School Vision: Every Child an Engaged Learner, a Caring Citizen and a Steadfast Leader
School Mission: Together, We Nurture and Inspire an Inclusive Spirit

Ref: 006/01/19/SC1-15

18 February 2019

Dear Parents,

THE GROWING YEARS PROGRAMME FOR YEAR 2019

The Ministry of Education, Sexuality Education and Guidance Branch has developed the Growing Years Programme, a multi-media package to teach Sexuality Education (SEd) in schools.

The school will be using this package to conduct SEd for our Primary 5 and 6 students. Our teachers are trained in using the Growing Years package and lessons will be conducted during curriculum time.

The Growing Years Programme in schools is about enabling students to understand the physiological, social and emotional changes they experience as they mature, develop healthy and rewarding relationships including those with members of the opposite sex, and make wise, informed and responsible decisions on sexuality matters. SEd is premised on the importance of the family as the basic unit of society. This means encouraging healthy, heterosexual marriages and stable nuclear family units with extended family support. The teaching and learning of SEd is based on respect for the values and beliefs of the different ethnic and religious communities in Singapore on sexuality issues.

The goals of the Growing Years Programme are:

- (i) To help students make wise, responsible and informed decisions through the provision of accurate, current and age-appropriate **knowledge** on human sexuality and the consequences of sexual activity;
- (ii) To help students know themselves and build healthy and rewarding relationships through the acquisition of **social and emotional skills** of self-awareness, management of their thoughts, feelings and behaviours, development of empathy for others, possession of effective communication, problem-solving and decision-making skills; and
- (iii) To help students develop a moral compass, respect for themselves and for others as sexual beings, premised on the family as the basic unit of society, through the inculcation of **positive mainstream values and attitudes** about sexuality.

Information on the lessons can be found in the school website at:

<https://princesselizabethpri.moe.edu.sg/our-curriculum/growing-years-series>

All Primary 5 and 6 students are strongly encouraged to participate in this programme. Please fill up the acknowledgement slip and return it to your child's form teacher.

If, for any reason, you would like to opt out of this programme, please fill up the attached 'Parent Opt-out Form' and return it together with the acknowledgement slip by **22 February 2019**.

Thank you.

Mdm Moliyah Binte Hashim
Principal

Acknowledgement of Letter (For all parents)

Register No:

Dear Principal,

THE GROWING YEARS PROGRAMME FOR YEAR 2019

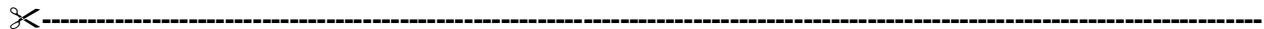
I acknowledge receipt of letter from the school dated on **18/02/2019** regarding the school's Growing Years Programme that will be taught in 2019. I have read and understood the information provided on the content coverage and delivery of the programme.

Parent's Name & Signature

Date

Parent of: _____
(Child's Name)

Class



Parent Opt-out Form

Register No:

[This section is applicable only if parents wish to opt their child out of the Growing Years Programme.]

Date : _____

Parent's Name : _____

Dear Principal,

THE GROWING YEARS PROGRAMME FOR YEAR 2019

1. I would like to withdraw my child, _____, of
(full name of child)
_____ from the Growing Years (GY) Programme for 2019.
(class)

2. My reason(s) for my decision to opt my child out of the programme:

- Religious reasons
- My child is too young.
- I would like to personally educate my child on sexuality matters.
- I do not think it is important for my child to attend Sexuality Education lessons.
- I have previously taught my child the topics in the GY Programme for this year.
- I am not comfortable with the topics covered in the GY Programme for this year.
- Others (Please state reason) : _____

3. Thank you.

Parent's Signature

Contact No

Email address (optional)