



Providing support to your child at home

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- On a daily basis:
- Express care and concern
- Reduce anxiety and stress by providing the child sufficient
- time for rest and play
- Provide timely and specific praises
- Engage in positive conversations with your child, focus on what went well.

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Encourage your child to be responsible and independent:

ings that I Am Responsible For

- (1) Set Routines & timetable
 - Set routines together with your child
 - Establish a timetable to follow at home.
 - Enforce it consistently
- (2) Monitor your child's homework
 - Teach your child to check his/her Student's Handbook
 - Instil a daily routine of self-revision at home
 - Take note of messages from teacher (PG/ClassDojo)

)	Daily	у Но	me Ro	utine .	¥ c	•	ر ر	к / С
K K			Princess E Primary Scho			Ambition elf-discipline Perseverance Integrity	0	90
			No.	Getting Ready for Schoo		Respect		~~
	• U		1	Snack box - put in kitchen counter		Empathy		
*			2	Uniform top - put in pail Uniform bottom - put in laundry ba	isket		20	*
			3	Mask box (2 tissue)		You CAN DO IT!		7
			4	Pocket money (\$3 - \$2 note, \$1 co	oin)	-		
	N		5	Check HW file for work, forms		Che KI		
	<		6	Pack school bag - check timetable				
C		00	7	Pack big hearts t-shirt				
•	Qe	X	8	Put mask on top of bag and socks b	beside bag			2
	273	•	Shared	vith permission from parent of Velan and Krisl	hna (Students of P	EPS)		

Providing support to your child at home

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- At Pri 1, Guide your child to learn to ...
- 1. Pack his/her bag daily according to his/her
- timetable

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- 2. Sharpen the pencils and colour pencils at home.
- 3. Check his/her student's handbook & sign beside the date daily to ensure all homework is complete.

Providing support to your child at home By P2, your child should be able to do these independently everyday:

- Pack his/her bag daily according to his/her timetable
 Maintain a neat homework file and clear out unnecessary paper
- 2. Sharpen the pencils and colour pencils at home.
- Check his/her student handbook daily to ensure all homework is complete.
 - Return all work into the bag/file immediately upon completion

53 0 Providing support to your child at home \mathbf{N} My School Bag Checklist 2 Pencil Case PACKING MY SCHOOL BAG 2 sharpened pencils 1 eraser □ 1 ruler Colour Pencils Steps to pack my school bag 8.6. Student Handbook Look at your timetable for tomorrow's lesson and pack what you need to bring. Math Textbook MT Textbook Check "My School Bag Checklist" w Storybook Homework File Pack them into your bag. Wallet 3545 0 Thermometer N **Provided in Parent-Child Booklet** 4

Parents as Partners

- It is important for the students to know that the teachers and parents are in the same team.
- A positive relationship between parents and teachers will result in a happier school experience for the child.

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Listen to your child. If you have concerns avoid reacting.
Respond calmly and say, "Let me clarify with your teacher".

Homework Policy

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Level	Total Estimated Time Spent on School Work Daily
P1& P2	30 minutes to 1 hour
P3	1 hour to 1 hour 30 minutes
P4	1 hour to 1 hour 30 minutes
P5	1 hour 30 minutes to 2 hours
P6	1hour 30 minutes to 2 hours

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Teachers monitor the total amount of homework given to your child by using the Homework Board in Classroom unit in the second

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Good habits to adopt

GOOD HABITS

These are some good habits I must have

- check and pack my bag everyday
- complete my homework on time
- · sharpen and bring my pencils and colour pencils
- check that I have food/money for recess and snack break for the next school day
- memorize my parent's contact number
- write down any passwords for online portals in my student handbook
- write down my homework in my student handbook and check it before I sleep every day

Provided in Parent-Child Booklet

Good habits to adopt



Set aside time every night to read with/for your child

Have enough sleep

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Recommended total number of hours of sleep*

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E	*National Library of Medicine, Biotech Information <u>pubmed.ncbi.nlm.nih.gov</u>								
Ì		Age Range	Recommended Hours of Sleep			R			
	Newborn	0-3 months old	14-17 hours						
	Infant	4-11 months old	12-15 hours						
	Toddler	1-2 years old	11-14 hours		\bigtriangledown				
	Preschool	3-5 years old	10-13 hours		Ŷ	l			
	School-age	6-13 years old	9-11 hours		*	,Q			

P1 & P2 students should be in bed by 9pm latest
Important to enforce a fixed bedtime

Screen[₹]Time

N

- Screen time should not be a routine part of childcare
- Access to devices must be supervised
 No access to social media (Instagram/Tik Tok)
- Limit the exposure duration to devices & avoid screen
 time 1 hour before bedtime.



Parent Gateway

Give consent for your child to attend school activities

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Stay updated on school's programmes and activities

N

N

Take note of date, time and venue of an activity and share with your child

16

N



STUDENT LEARNING SPACE (SLS)



Familiarize your child on logging in

Punctuality

Be in school <u>before</u> 7.30am, it helps the child to settle in and start the day right.

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- If your child enters the classroom after flag raising, your child's will be marked as 'Late'
 - School takes punctuality seriously; action will be taken against repeated later comings

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AttendanceAbsent

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A <u>Medical Certificate (MC)</u> or <u>parent's letter with valid</u> <u>reason</u> has to be submitted for child's absence

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 Overseas holidays & child's birthday are not valid reason for absence from school

Help develop good habits in your child Be in school early and do not miss school unnecessarily. Routines are very important for young students.

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Birthday Celebrations

N

N

No birthday celebrations in school

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Distribution of goodie bags is strongly discouraged. Teacher will not facilitate the distribution of goodie bags.

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Snack Break

Snack Break will take place while lesson is on going

12pm

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- Food should be easy to eat
- Avoid messy food like noodles & rice
 - Advocate healthy eating habits
 - Children need to have something light during recess



Dismissal @ Gate 4 (P1) and Gate 3 (P2)
 Inform teachers <u>early</u> if you have planned for an

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alternative dismissal arrangement

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Thank you, our continued partnership will ensure that our students continue to learn, progress and reach their potential holistically!